

Membership benefits:

- **Spokes Bulletin** 3/4 times a year – cycling issues, campaigns and how you can help
- **E-mail updates** every 3–6 weeks
(to receive major updates by post instead of e-mail, send us 8 stamped SAEs)
- **Notice of major developments** which may affect cyclists in your area, so that you can send in your comments and suggestions
- **Advice and information** on everyday cycling
- **Advance notice** of Spokes maps and other publications
- **Social rides and events**
- **Specialised working groups**
- **Spokes mudguard sticker**

Spokes

St. Martin's Church, 232 Dalry Rd, Edinburgh EH11 2JG
 Answerphone: (0131) 313 2114 www.spokes.org.uk
 e-mail: spokes@spokes.org.uk twitter: @SpokesLothian



Join SP KES



and help
 make Edinburgh
 and Lothian more
 cycle friendly!

Spokes' objectives:

- 1 To encourage cycling as part of a sustainable transport/access strategy, and to ensure that councils and government actively do the same.
- 2 To publicise the benefits of cycling for the community and individuals. Like walking, cycling is cheap, efficient, enjoyable, healthy, non-polluting and intrinsically safe.

Membership

is open to all who support our objectives

Joining by post is FREE but donations are

welcome. Please also send a stamped

SAE – at least C5 (9" x 6") – for

your membership card

and other information.

Donations: Spokes

receives no grants to

meet running costs

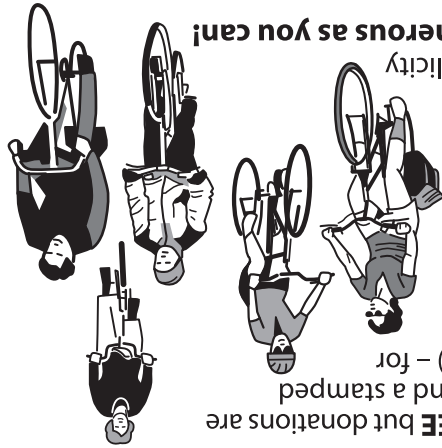
and we rely heavily

on members for

donations to finance

our campaigns and publicity

... so please be as generous as you can!



Organisations supporting our objectives are invited to affiliate to Spokes. Please use the form overleaf, entering the name of the organisation under 'Surname'. There is a minimum donation of £10 for affiliation.

Write now...

Help us pursue Spokes' objectives by e-mailing or writing to your councillor about cycling and other transport matters that concern you. Send us copies of any significant correspondence. Please also write to your MSP, MP, MEP or MEP use www.writetothem.com or see the contacts below, or phone your local Citizens Advice Bureau (557 1500 in Edinburgh).

For the name and contact details of your councillor, MSP, MP or MEP use www.writetothem.com

Scottish Parliament
 Edinburgh EH99 1SP
 0800 092 7500 www.scottishparliament.co.uk

City of Edinburgh Council
 City Chambers, High St, Edinburgh EH1 1YJ
 (0131) 200 2000 www.edinburgh.gov.uk

West Lothian Council
 West Lothian Civic Centre, Howden Rd Sth, Livingston EH54 6FF (01506) 775000 www.westlothian.gov.uk

Midlothian Council
 Midlothian House, Buccleuch St, Dalkeith EH22 1DJ
 (0131) 270 7500 www.midlothian.gov.uk

East Lothian Council
 John Muir House, Court St, Haddington EH41 3HA
 (01620) 827827 www.eastlothian.gov.uk