

Cycling Scotland

Cycle Training in Scotland



***Alasdair Marshall
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Why Cycle Training Matters

- A key intervention to encourage more children to cycle more often and to cycle safely
- Child cycle training improves cycle skills and knowledge

Diverse

- Active Travel
- Recreational Cycling – Mountain Biking
- Cycle Sport

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Cycle Training



GO-ride



GO MOUNTAIN BIKE

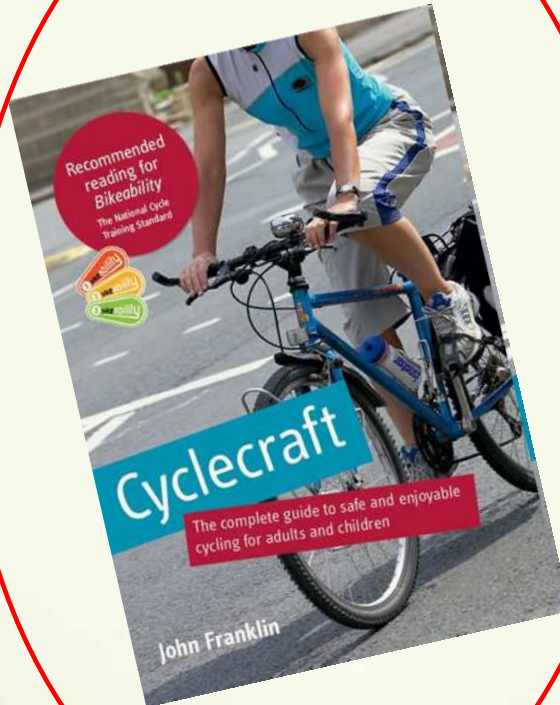


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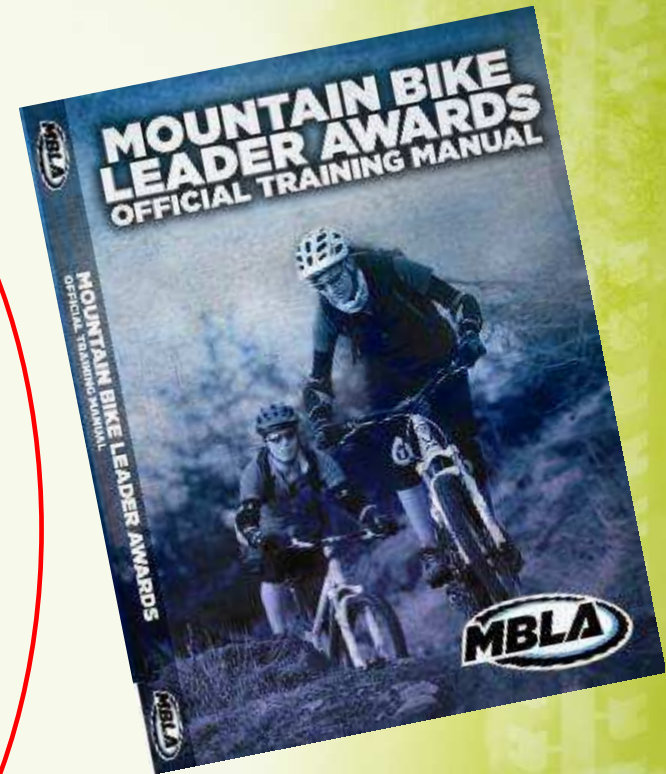
Instructors



Coaches



Trainers



Leaders

Setting the Standard

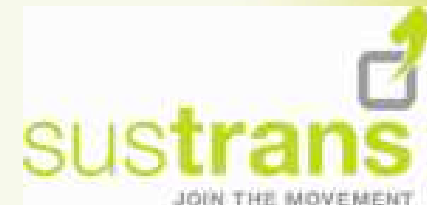
- UK National Standard for instructors, candidates and schemes – UK CTSB
- Instructor competencies – plan, prepare and deliver – 4-day Cycle Trainer
- Candidate competencies – 3 levels
- Scheme Assessment
- This is the Benchmark and supersedes ROSPA guidelines

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Cycle Training Standards and Delivery Group

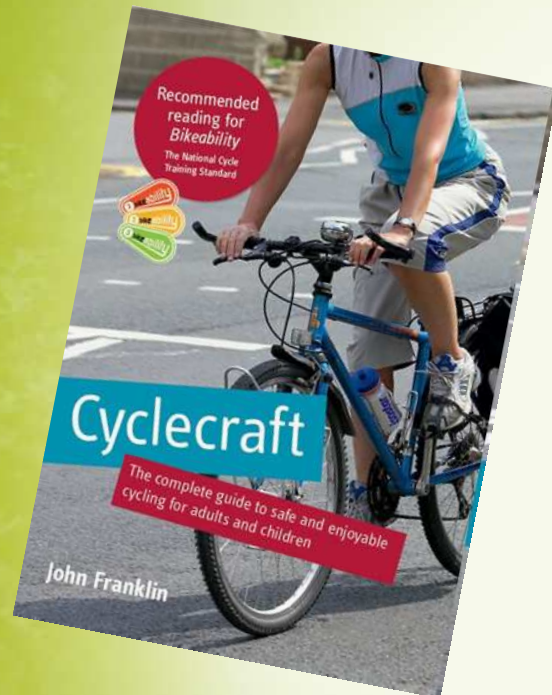


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Cycle Training Workforce



Trainers – 4 Day course

Volunteers – orientation
into scheme RSB,
SCTS, GBC

Cycle Training

- 1 - Cycle control skills - RSB
- 2 - On-road manoeuvres - SCTS
- 3 - More advanced junctions - GBC



Scottish Cycle Training Scheme

- 98% Schools Offered
- 68% take up the offer
- 52% schools offered deliver on-road (35%)



Cycle Training

- Additional £300,000
- £120,000 offered as grants to Local Authorities
- 2 new field officers



Looking Forward

- 1 – Change to the order point for SCTS
- 2 – No proposed change to local contacts or support systems
- 3 - More focus and support for local delivery & volunteer support
- 4 – Improved links to active travel, sport and recreational cycling programmes

Looking Forward

- 1. Become a Trainer or parent volunteer
- 2. Champion Cycle Training at school or throughout LA
- 3. Become a delivery partner
- 4. Establish links to your cycling development programmes

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