

## How can I help?

- Join **Spokes!** Membership is free, but donations are welcomed – they are vital for funding our campaigns. You can then volunteer for a variety of activities/work groups.
- Contact your Councillors, MSPs, MPs to support Spokes campaigns and on other cycle-related issues that concern you.



## What do I get if I join?

- Three **Spokes Bulletins** per year, updating you on new developments, current campaigns and events.
- E-mail updates of developments in your area, with details of how you can comment or object.
- A chance to get involved, help organise activities and take part in work groups, public meetings, social rides, stalls, exhibitions, competitions and rallies.



## How do I find out more?

- Visit our website: [www.spokes.org.uk](http://www.spokes.org.uk)
- Follow **Spokes** on Facebook and **SpokesLothian** on Twitter
- Contact Spokes at: St Martin's Church, 232 Gorgie Rd  
Edinburgh EH11 2JG  
(0131) 313 2114 (Ans. machine)

## How do I join?

Contact us for a membership form, download one from our website or find a form inside any Spokes map (five titles).

# SP KES *The Lothian Cycle Campaign*

[www.spokes.org.uk](http://www.spokes.org.uk)

## What is Spokes?

**Spokes** is a non-party-political group pressing for safer and more pleasant cycling conditions, at Edinburgh, Lothian and Scotland levels.

**Spokes'** objectives are to promote cycling for everyday purposes and to ensure that local councils and government actively do the same.

Over the past 30 years our campaigns have helped to win major benefits for cyclists in Edinburgh and the Lothians. Here are just a few:

**1983** **Middle Meadow Walk** cycle route opened, (cycling was illegal before then).

**1985** **Sustrans Scotland** created. Its report on Scotland draws attention to Edinburgh's disused railways.

**1986** First Spokes **Edinburgh Cycle Map** published. By 2010 a total of 78,000 copies had been sold!

**1996** Our first annual **Scottish Cycle Funding Survey**. Now accepted as the authoritative guide.

**1998** **ScotRail** drops £3 bike carriage charge and number of bike spaces is increased.

**2002** **The Bike Station**, part-funded by Spokes, opens at Edinburgh Waverley.

**2006** Our Funding Survey leads to £8 million extra for Sustrans over 2 years. Towpath surfacing is one result.

**2008** Council agrees to bike carriage on **Edinburgh Tram** – a UK first!

**2009** Spokes invited to give oral evidence to Scottish Parliament's **Active Travel Enquiry**.

