

SPOKES

The Lothian Cycle Campaign

St. Martins Church, 232 Dalry Road, Edinburgh EH11 2JG 0131.313.2114 (answerphone) <http://www.spokes.org.uk/>

EUROPEAN MOBILITY/CARFREE WEEK Sep 2005 SPOKES COMPETITION

‘My Favourite 1 to 2 hour Bike Ride - in or around Edinburgh’

PRIZES AND SPONSORS...

- £30 lunch voucher** at **Park Bistro** on canal towpath near Linlithgow - bike parking available. Hint for winner - if coming from Edinburgh, cycle both ways or get the train in one direction. [www.theparkbistro.com 01506 846666]
- lunch for 2** at **Kalpna Indian vegetarian restaurant**, 3 St Patrick Square, Edinburgh. NB - bike parking in St Patrick Sq nearby, installed by the Council as part of the quality bus corridor [www.kalpnarestaurant.com 0131.667.9890]
- (two prizes) **£20 Spokes voucher** for **The Bike Station** - buy refurbished bikes or components; get advice, tuition and help fixing your bike or learning bike maintenance [www.thebikestation.org.uk 0131.558.2647]
- (two prizes) Choice of **Guide to Sustrans National Cycle Network** or **map of one of the long-distance National CycleRoutes crossing Edinburgh** - donated by **Sustrans Scotland** [www.sustrans.org.uk 0845.113.0065]

Rules: Entries may be posted (not emailed) to Spokes, to arrive by Fri 23 Sept, or handed in at a Spokes/TryCyclinginEdinburgh stall - the Mound, Fri 16th 8.30am-2pm and Mon 19th 11am-3pm. Judging will be by Spokes Resources Group. *Winning entries will be tested before prizes are confirmed. We may phone or email you if we need further information.* Spokes reserves the right to use and/or modify your route in Spokes publications or any other way at our discretion.

Name...

Phone...

Email...

Are you a member of Spokes? Y / N [entry is open to all]

Address...

Postcode...

PLEASE TURN OVER TO COMPLETE YOUR ENTRY...

[Note: more copies of this form can be printed in pdf from the Spokes website, or photocopy this]

SPOKES COMPETITION...

‘My Favourite 1 to 2 hour Bike Ride - in or around Edinburgh’

Please answer all the questions below, to describe a favourite 1-2 hour local bike ride. The ride must not need car transport, but can include rail to get to the start and/or end. ***Prizes will be awarded mainly on the basis of your answers to questions 5 and 6.***

- 1. What is your name for your favourite 1 to 2 hour cycle ride in or around Edinburgh**
[e.g. Musselburgh circular, or Dalry to Canonmills, or Portobello perambulation] ...

- 2. Who is it suitable for?** [it doesn't have to suit everyone to win] *circle all that apply...*
Families with young children / Experienced cyclists / Novice cyclists / Other - specify...

- 3. Where is the route *mainly* located?** *circle all that apply ...*
Ed central / Ed north / Ed south / Ed east / Ed west / East Lothian / Midlothian / West Lothian

- 4. Brief description of route**
 - a. Start point...
 - b. End point (or circular)...
 - c. Brief description...

- 5. Any interesting / useful / beautiful features / facilities en route ...**

- 6. Why is this a favourite route of yours? ...**

[remember to complete the other side of this sheet also]