

**Summer Public Meeting : all welcome : Mon 13 June**

# Cycling and Health

***Come along to hear and debate the issues with a medical and a legal expert, a pollution campaigner and a politician .. all of whom use a bike regularly***

- ◆ **the massive health benefits of cycling**
- ◆ **the risks from pollution and crashes**
- ◆ **how we can up the benefits & down the risks**

<i>the medical expert</i>	<i>the pollution expert</i>	<i>the legal expert</i>	<i>the political expert</i>
<b>Prof Chris Oliver</b>	<b>Emilia Hanna</b>	<b>Jodi Gordon</b>	<b>Cllr Cammy Day</b>
Honorary Professor of Physical Activity at Edinburgh University	Friends of the Earth Pollution Campaigner	Assistant Solicitor at Cycle Law Scotland	Vice Convener of Edinburgh City Council's Health Committee

**Four short talks, then audience  
QA and panel discussion ...**

***chaired by Dr Helen Zealley***

former Public Health Director at NHS Lothian

# SP KES

**STARTS 7.30PM, DOORS OPEN 6.45, ENDS 9.30**  
**Augustine United Church, George IV Bridge, Edinburgh**

 **Come early**  **coffee**  **Spokes stall**  **exhibition**  **chat**

Organised by **Spokes The Lothian Cycle Campaign**  
St Martin's Community Resource Centre, 232 Dalry Rd, Edinburgh EH11 2JG

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