

## Spokes competition 2015, Entry 18

### **Quiet City to Coast Circuit (Haymarket – Cramond – Newhaven - Haymarket)**

**2. Who is it suitable for?** [it doesn't need to suit everyone] *circle all that apply...*

Anyone who can cycle about 15miles

**3. Where is the route located?** *circle all that apply ...*

Ed north / / Ed west

**4. Brief description of route**

a. Start point... End of the bike path on Russell Rd / near Haymarket station

b. End point (or circular)... circular

c. Brief description...

Along the traffic free bike path NCN route 1 / 76), turn left at the junction to carry on along this route, through Barnton as far as Whitehouse Rd. Turn right to ride along Whitehouse Rd, then left down Cramond Glebe Rd, past the Cramond Inn to the front. Right here and ride the full stretch of traffic free path to where it joins West Shore Rd near Granton. Join this road and carry on along the front, past Granton and Newhaven until the end of the Hawthornvale path is reached. Turn right and head up this bike path back to the start point.

**5. Any interesting / useful / beautiful features / facilities en route ...**

The beautiful coast - always good for the soul... There are cafes and pubs.

**6. Why is this a favourite route of yours? [This question is very important in the judging. You can just write one or two sentences or up to **300 words maximum**].**

*The beautiful coast is always good for the spirit and soul. The vast majority of the route is on traffic free paths; it's such a lovely quiet unimpeded ride.*