

Spokes competition 2015, Entry 3

Graceful in Gracemount , and Glad at Gladhouse!!

Alternative start With more trees!

2. Who is it suitable for? [it doesn't need to suit everyone] *circle all that apply...*

Families with young children / Experienced cyclists / Novice cyclists / Other – specify...

All reasonably fit leisure cyclists - some steep hills - suitable for families with older children or youngsters on Tandems

3. Where is the route located? *circle all that apply ...*

Ed central / Ed north / Ed south / Ed east / Ed west / East Lothian / Midlothian / West Lothian

Ed South and Midlothian

4. Brief description of route

a. Start point...

Alternative start from back of Morrison's on Gilmerton Road

b. End point (or circular)...

Circular to return to Morrisons on Gilmerton Road

c. Brief description...

At back of Morrisons join the cycle way along Burdiehouse Burn , it starts at the back of the new houses in the cul de sac

Follow the burn over 2 bridges going SW and under one bridge until you pop out on Lasswade road , then continue south up Lasswade road

Until from the top round about you

Pick up the new cycle way to Roslin (via Bilston viaduct)

From Roslin village straight thru village and then take 2 nd left turn down into Roslin Glen (not to Roslin Chapel- unless you want to make a detour there!)

Down steeply into Roslin Glen - take care on steep hairpins!

Coming out of the Glen take first right up steep short hill , to get onto quiet road going towards Carrington

Left at top of hill, cross main road (care)

Follow road into Carrington past farms with a sharp Left then Right turn

Great views of Midlothian

From pretty village Carrington take the road to Temple and circular route around the lovely Gladhouse reservoir

Great picnic spots by the loch - and if you hunt along the shore you will find a rope swing!

Cycle past the reservoir to reach the b-road towards Peebles , turn right away from Peebles, and head north on return route

Fast downhill - take care

Reach the road back to Carrington and retrace your steps to Roslin - another Pub stop for refreshment after climbing out of Roslin Glen?

Then take the quiet cycle way back to Gracemount and Gilmerton

Thanks Sustrans and local councils for the new cycle way - great to have a new quiet route out of the big city!!

5. Any interesting / useful / beautiful features / facilities en route ...

Can stop / make detour to Roslin Chapel

Tough climbs out of Roslin Glen - a good challenge .. Our local equivalent of a mini Alpine Pass!

Good picnic spots at Gladhouse reservoir and nice spot for a walk to stretch the legs!

Look out for the dippers and herons as you cycle along Burdiehouse burn - now a thriving local nature reserve

6. Why is this a favourite route of yours? [This question is very important in the judging. You can just write one or two sentences or up to 300 words maximum].

With the new cycle way - this is now the quietest way out of town and under the Bypass on a traffic free cycle way

Great to start and finish on flat traffic-free paths - you can chat to your friends as you cycle , just watch out for dog walkers and pedestrians!

Amazing how quickly you are out into the country - cycling past farms and fields!!