## Spokes competition 2015, Entry 33

## **Cramond Island Circular**

- **2. Who is it suitable for?** [it doesn't need to suit everyone] *circle all that apply...* All: Families with young children / Experienced cyclists / Novice cyclists
- **3. Where is the route located?** *circle all that apply* ... Ed central / Ed north / Ed west

La central / La north / La wes

- 4. Brief description of route
- a. Start point...Haymarket Station
- b. End point (or circular)...Circular
- c. Brief description...take the cycle path beside the Tramway heading west, join the Roseburn cycle path, take left fork at Craigleith, continue via Davidson's Mains to Barnton where you turn right on the road to Cramond, take School Brae down to River Almond, turn right onto path to Cramond Village and Causeway to Cramond Island(check tide times online or at sign by causeway). You can cycle, with care, almost all of the causeway. Before tide comes in fully(!) return to mainland and turn left onto promenade, follow it to end at Caroline House, cross road and take cycle path past old gasometer and up link road to Ferry Road and North Edinburgh cycle path-follow South to Roseburn and Haymarket

## 5. Any interesting / useful / beautiful features / facilities en route ...

A wonderful, scenic green corridor out of town, followed by lovely coastal views and the chance to experience a special island with just a frisson of danger from the tides. A good sprinkling of shops (eg Roseburn, D Mains) cafes (eg Roseburn, D Mains, Cramond), ice cream van (Cramond). Seats and picnic benches at Cramond and on River Almond, swans and ducks to feed. Beach at Cramond. WW2 bunkers etc on the island and plane and sea bird spotting overhead

6. Why is this a favourite route of yours? [This question is very important in the judging. You can just write one or two sentences or up to 300 words maximum].

A safe all weather circular route that takes you right out of the city, with plenty of add-on routes (eg Forth Bridge). Truly something for all cyclists