How can I help?

 Join Spokes! Membership is free, but donations are welcomed – they are vital for funding our campaigns. You can then volunteer for a variety of activities/work groups.

 Contact your Councillors, MSPs, MPs to support Spokes campaigns and on other cycling-related issues that concern you. Find them at www.writetothem.com

What do I get if I join?

Three Spokes Bulletins per year, updating you on new developments, current campaigns and events.

 E-mail updates of developments in your area, with details of how you can comment or object.

 A chance to get involved, help organise activities, take part in work groups, public meetings, social rides, stalls, exhibitions, competitions and rallies.

How do I find out more?

• Visit our website: www.spokes.org.uk

• E-mail: **spokes@spokes.org.uk**

Follow @SpokesLothian on Twitter

• Phone: (0131) 313 2114 (Ans. machine)

Follow Spokes on Facebook

 Post: St Martin's Community Resource Centre, 232 Dalry Rd, Edinburgh EH11 2JG

How do I join?

Contact us for a membership form, download one from our website or find a form inside any Spokes map (five titles).



What is Spokes?

Spokes is a non-party-political group pressing for safer and more pleasant cycling conditions, at Edinburgh, Lothian and Scotland levels.

Spokes' objectives are to promote cycling for everyday purposes and to ensure that local councils and government actively do the same.

Over the last 30 years our campaigns have achieved many successes in Edinburgh and the Lothians. Here are just a few ...

- **1983 Middle Meadow Walk** cycle route opened; cycling was illegal before then!
- **1986** First Spokes **Edinburgh Cycle Map** published. By 2014 a total of 100,000 copies sold!
- 1996 Our first annual Scottish Cycle Funding Survey. Now accepted as the authoritative guide.
- **1998 ScotRail** drops £3 bike carriage charge and number of bike spaces is increased.
- **2002 The Bike Station**, part-funded by Spokes, opens at Edinburgh Waverley.
- 2006 Our Funding Survey leads to £8 million extra for Sustrans over 2 years. Towpath surfacing is one result.
- **2008** Council agrees to trial off-peak cycle carriage on **Edinburgh Tram** a UK first!
- **2012** Edinburgh Council allocates 5% of transport spending to cycling, rising 1% a year *another* UK first!
- **2014** Government **cycling investment rises** from **£22m** in 2013 to **£30m** in 2014. Leith Walk, Meadows and Canal all benefit.

