

CargoBike supported by Spokes - report

A Little Bit About Us

The Green Team supports children and young people, from the Edinburgh area, to learn about and connect with nature, others and themselves.

For some, that is an opportunity to get involved in practical conservation work or outdoor learning. For others, it is the opportunity to use nature for personal development: building resilience, confidence and relationships, exploring risk or enjoying respite in green spaces.



E-Cargo Bike Supported Programmes

We run a number of different programmes and are delighted that 2 of them are now being delivered by e-cargo bike:

- Our education programme 'Green Schools' works mostly with primary school aged children. to explore local green spaces near their homes and schools. Our education officer encourages an appreciation of nature and the environment and feedback from sessions demonstrates that participants experience an increased dedication to the care and enjoyment of it.
- 'Nature Play' is aimed at pre-school children and their parents with the purpose of building confidence and knowledge to engage in outdoor activities.

"Due to a large majority of our pupils living in family households that have incomes that are below the national poverty line, many of our pupils have never experienced visiting National Trust areas,

local forests, etc to explore and investigate nature and natural habitats. This is why as a school we value the Green Team who are able to provide these valuable experiences for our pupils."

Head Teacher, Sighthill Primary School

E-Cargo Bike Impact

We are proud that our programmes support both environmental and personal development goals and are delighted that the E-Cargo bike allows:

- Delivery of programmes at locations where due to limitations on carrying equipment and/or hills previously a van or alternative transport may have been required.
- More time-efficient transport to projects – extra minutes can make a significant difference to the impact of the day
- Increased exposure of the Green Team brand on the streets of Edinburgh
- Increased presence of environmentally sustainable transport in areas of deprivation where the evidence suggests take-up of cycling is lower

Based on programme delivery in previous years and our plans for 2020 we anticipate that the e-cargo bike will make over 200 trips in the year, supporting programmes for over 600 children.

Our Education Officer couldn't be happier:

"I love it. It makes such a difference to the work that I do. I particularly love those moments when faced with a big hill and lots of equipment. Previously I would have been spotted struggling up there, while now I fly up – from a negative image of cycling to a great advert for it.

It's great to see people having a good look as I cycle through the streets knowing that this is raising awareness of the work of the Green Team and promoting environmentally friendly transport."

The e-cargo bike has met all of our expectations and we have had no issues with it whatsoever. We really appreciate the funding provided by Spokes – **thank you so much!**