Family cargo bike report from Lauren, August 2020

We received our bike late June, so missed the quiet roads but not the summer.

We are a non-driving family of three and I was finding it tricky to transport our ever-growing three year old on my steel three speed. Pulling away from junctions was getting too nerve racking. With public transport restrictions, our travel as a family had become very limited to a distance of about 1km from the Meadows.

Since getting the new cargo bike we have been further and faster. From strawberry picking at Cragies to a picnic in the Pentlands we are seeing more of Edinburgh and are freer doing it. The carrying capacity is amazing, and we have also done a lockdown clear out - and it allowed us to transport a fair quantity of items for donation or disposal.

The E-assist means we don't arrive knackered when we get to places, but also allows us to pull away from junctions quicker and safer.

Its adjustable seat and frame geometry means either me or my partner can cycle it with ease - meaning my three-speed still gets some use when we travel out as a family.

It has changed our lives and a big thank you to SPOKES for assisting with the funding.