

[Lothian Cycle Training](#) specialises in delivery of cycle training to adults and children locally, including Bikeability levels 1-3 for hundreds of children every year, working with Active Schools. We also offer mechanics classes for the Council adult education programme as well as Dr Bike sessions for various organisations. Although we charge for these services we also do a lot of volunteering and give many free hours to organisations where cash is tight.

In the past our equipment was usually carried by van – for example tools and workstands for Dr Bike sessions, or by pushbike with a trailer for lesser tasks if the session was within a few miles.

The e-cargobike reduces use of the van significantly, and enables us to travel further than with the pushbike and trailer. It is a great addition, helping us practice what we preach as well as lowering our carbon footprint.

The cargo bike, which we have named 'Pepper,' is an eBullit with 180kg load capacity, purchased through Soul Cycles in Tollcross.

*Picture caption:* Pepper returning from a Dr Bike workshop

*Spokes note:* Our grants to organisations are normally only for non-commercial organisations, but we occasionally donate up to £1000 to assist cargobike purchase by businesses with a very clear community orientation.