



PRESS RELEASE
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NEW SPOKES WEST LOTHIAN CYCLE MAP NOW AVAILABLE

Spokes' revised and updated map of West Lothian showing the best routes for cyclists and walkers has recently been published

The new West Lothian Cycle Map (5th edition), produced by Spokes (the Lothian Cycle Campaign), has just been published.

Centred on West Lothian, but now expanded west to include parts of Falkirk, the fully revised and updated map shows new cycle infrastructure and other developments across the area. It is invaluable for cyclists and walkers seeking safe routes to shops, work or school and planning running and leisure routes.

The back of the map shows large-scale street maps of Livingston, Armadale, Whitburn, Bathgate, Blackburn and Linlithgow, together with information on places of interest in the area.

The map is printed on tear and water-resistant synthetic paper (fully recyclable). It is available through bike shops, selected bookshops and direct from Spokes.

Local Spokes volunteers surveyed all of West Lothian, plus Bo'ness and parts of Falkirk and Grangemouth, while West Lothian Council provided information on new and planned active travel improvements. Major revisions to the map include adding contours and hill-colouring and shading so users can see the hilly areas at a glance, and all the new housing developments are now shown.

On 11 October, members of Spokes gathered at the West Lothian Bike Library in Livingston for the official launch of the new map by Kirsteen Sullivan, Labour MP for Bathgate and Linlithgow, and Peter Heggie, Deputy Provost of West Lothian. Graeme Burton (Design Engineering Manager West Lothian Council) updated attendees on planned active travel projects in the local authority area, including Whitburn, Bathgate and Fauldhouse.

Printing of the map has been supported by West Lothian Council.

Katharine Taylor of Spokes praised the volunteers involved:

"This has been a great voluntary effort by local Spokes members and by our skilled cartographer. The new map will help residents and visitors find their way around the area in active and healthy ways, as well as showing new quiet routes and short cuts they didn't know existed!"

Kirsteen Sullivan, Labour MP for Bathgate and Linlithgow, said:

“It’s always a pleasure to support Spokes in its work to promote the best routes for active travel. The new West Lothian Cycle Map is a fantastic resource for residents across West Lothian and Falkirk, helping cyclists and walkers find safer and greener routes to work, school and for leisure activities. This kind of voluntary effort in active travel plays a vital role in working towards healthier communities and a cleaner environment. A huge well done to all volunteers involved in delivering the updated map.”

Peter Heggie, Deputy Provost of West Lothian, added:

“I was delighted to attend this launch event and hope that people from West Lothian and beyond enjoy using this new map to explore our county.”

The new West Lothian Cycle Map is available from local bike shops for £7.50.

There is a **special introductory offer** for orders direct to Spokes on office@spokes.org.uk before the end of October 2025. Buy a single map for £7 (post-free) or 6 copies for £25.

More information on all Spokes maps and sales outlets is at www.spokes.org.uk/spokes-maps

PHOTO DETAILS

Photo 1 – WL map launch group

Photo Caption – *Kirsteen Sullivan, Labour MP for Bathgate and Linlithgow (front row, 3rd left), and Deputy Provost Peter Heggie (front row, 4th left), celebrate the delivery of the new maps with volunteers from Spokes and West Lothian Bike Library.*

Photo credit – Bob Douglas

Photo 2 – WL map launch. From left to right – Kirsteen Sullivan, Peter Heggie

Photo caption – *Labour MP Kirsteen Sullivan and Deputy Provost Peter Heggie, with the new maps outside West Lothian Bike Library.*

Photo credit – Bob Douglas

Screenshot of front cover of the West Lothian Cycle Map 2025.

CONTACT DETAILS

Katharine Taylor, Spokes Maps Group Coordinator (volunteer), for information on the map

Notes to Editor:

Spokes is a voluntary organisation with 1000+ members, mainly in Edinburgh and Lothian, aiming to promote cycling for everyday transport, and to persuade local authorities and government to provide for this. Activities include lobbying, public meetings, traffic counts, stalls, bike rides, and bike maps. www.spokes.org.uk.


Spokes has been producing cycle maps which are much loved and valued by cyclists and pedestrians since 1987, with over 150,000 sold so far. The clear layout, colour coding of roads and cycle paths, and large scale maps of urban areas, make it easy to identify the safest and quietest routes. Spokes maps receive [superb feedback](#) from users: ‘invaluable’; ‘amazing detail’; ‘second to none’; ‘one of my best non-human companions’; ‘by far the best’.



SPOKES West Lothian Cycle Map

A strong and durable
all-weather map specially
designed for cyclists

**West Lothian
Cycle Map**



Now covers west to the Falkirk Wheel

1:32,000
3 cm to 1 km (approx)
2 inches to 1 mile (approx)

For route planning and use on the road
For experienced cyclists and those just starting
Off-road paths and suggested quieter roads
Footpaths for walkers
Places of interest
Street plans of the main towns
Contours and hill shading

SPOKES
The Lothian Cycle Campaign